

1. GENERAL INFORMATION			
1.1. Course teacher	Assoc. Prof. Petar Barbaros Tudor, Ph.D.	1.6. Year of the study programme	4
1.2. Name of the course	TENNIS	1.7. Credits (ECTS)	2
1.3. Associate teachers		1.8. Type of instruction (number of hours L + S + E + e-learning)	30 (18L+12E)
1.4. Study programme (undergraduate, graduate, integrated)	Integrated	1.9. Expected enrolment in the course	Approx. 70
1.5. Status of the course	Elective	1.10. Level of application of e-learning (level 1, 2, 3), percentage of online instruction (max. 20%)	
2. COURSE DESCRIPTION			
2.1. Course objectives	To enhance students' theoretical knowledge and practical skills in tennis. Application of basic and advanced tennis techniques with emphasis on utilization of different types of spins and tennis stances during shots performance during game play.		
2.2. Course enrolment requirements and entry competences required for the course	No enrolment requirements.		
2.3. Learning outcomes at the level of the programme to which the course contributes	Acquisition of advanced knowledge from the field of modern sports diagnostics of tennis players on the court. Development of new technologies for production tennis equipment and its influence on evolution of tennis. The influence of particular tennis movement structures application in the process of teaching and training on the changes in psychosomatic status of children, the young and adults. Biomechanical analysis of advanced techniques and practical instructions of those techniques. Introduction with the variations of particular basic and specific tennis technique performances with special attention focused on the application of different types of spinning and tennis positions during the game play (forehand spin, forehand top spin, forehand side spin, backhand spin, backhand top spin, backend side spin, slice service, top spin service, twist service, returns, lob, half-volley, drop shot, drop shot volley, stop-volley). Acquisition of practical skills about optimal methodological procedures for instructing advanced tennis techniques. Strategic and tactical application of advanced tennis elements with regard to playing surface.		
2.4. Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	<p>Students will acquire:</p> <ul style="list-style-type: none"> - advanced theoretical information from the field of sports diagnostics and development of new technologies in tennis - advanced and specific motor skills in tennis - practical skills about adequate methodical procedures for instructing advanced tennis techniques through the game play - advanced strategic and tactical knowledge in tennis (strategy and tactics of tennis preparation and match in regard to playing surface: clay, concrete and grass) <p>All aforementioned qualifies students for:</p> <ul style="list-style-type: none"> - basics of planning, programming and implementing advanced instruction procedures in tennis - conducting modern diagnostic procedures on the tennis court - transferring advanced strategic and tactical knowledge with regard to playing surface 		

<p>2.5. Course content broken down in detail by weekly class schedule (syllabus)</p>	<p>Theoretical lectures (each topic is covered with 1 class)</p> <ol style="list-style-type: none"> 1. Development of modern systems of racquet and tennis ball production and its influence on changes in the tennis game play 2. Kinesiological analysis of forehand and backhand top spin, slice and side spin shot from side, half-open and open stance during the game play 3. Kinesiological analysis of slice, top spin and twist service. Kinesiological analysis of forehand return and backhand return 4. Kinesiological analysis of forehand volley, backhand volley and smash during the game play 5. Anthropological analysis of tennis play on different playing surfaces 6. Technical-tactical application of shots in the game with regard to playing surfaces <p>Theoretical-practical lectures (each topic is covered with 2 classes)</p> <ol style="list-style-type: none"> 1. Teaching methods and performance of forehand shot in the game (with the ball in play) from the side, half-open and open stance. Application of different spinning from aforementioned stances in the game (top spin, slice, side spin) 2. Teaching methods and performance of backhand shot in the game (with the ball in play) from the side and half-open stance. Application of different spinning from aforementioned stances in the game (top spin, slice, side spin) 3. Teaching methods and performance of service with different spinning (slice, top spin, twist) 4. Teaching methods and performance of forehand volley shot in the game 5. Teaching methods and performance of backhand volley shot in the game 6. Teaching methods and performance of smash shot in the game <p>Exercises (each topic is covered with 2 classes)</p> <ol style="list-style-type: none"> 1. Teaching technique exercises, their sequence and progressiveness in instruction of forehand shot in the game (with the ball in play) from side and half-open stance with special attention drawn to application of different spinning 2. Teaching technique exercises, their sequence and progressiveness in instruction of backhand shot in the game (with the ball in play) from side and half-open stance with special attention drawn to application of different spinning 3. Teaching technique exercises, their sequence and progressiveness in instruction of service with different spinning (slice, top spin, twist) 4. Teaching technique exercises, their sequence and progressiveness in instruction of forehand volley shot in the game 5. Teaching technique exercises, their sequence and progressiveness in instruction of backhand volley shot in the game 6. Teaching technique exercises, their sequence and progressiveness in instruction of smash shot from the air and after a ground bounce in the game 		
<p>2.6. Format of instruction:</p>	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> on line in entirety <input type="checkbox"/> partial e-learning <input checked="" type="checkbox"/> field work	<input type="checkbox"/> independent assignments <input type="checkbox"/> multimedia and the internet <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)	<p>2.7. Comments:</p>
<p>2.8. Student responsibilities</p>			